

Youth Services Network Agenda
Monday January 8, 2024 9:15-10:30am
Cornell Cooperative Extension Association of Jefferson County
West Room

Notes

- 1) **Introductions** were made.
- 2) Review **November 13, 2023 notes**. No changes were suggested.
- 3) **Program presentation**

Planned Parenthood – Nicole Sheitz

Planned Parenthood shared their mission statements. Rated as one of the top health centers for excellent patient experiences. Shared that they do not have wait lists and families can be seen immediately. They cover six counties – Jefferson, Lewis, St. Lawrence, Franklin, Clinton, and Essex. We have seven health centers – Lowville, Watertown, Canton, Ogdensburg, Malone, Plattsburgh, and Saranac Lake – hours vary by site, check on website as they are subject to change based on provider availability. Examples of services are – birth control/condoms, breast health and mammogram referrals, cancer screenings and referrals, STI testing and treatment, primary care, well persons exam, HIV testing and treatment, pregnancy testing and counseling, gender affirming hormone therapy, abortion services and sexual assault referrals. Planned Parenthood does not turn anyone away and will work to access insurance coverage for individuals. Watertown Community Outreach Center is renovated and located in the Paddock Arcade. One on one sessions are available on a large variety of topics to both youth and adults. Examples are sexually transmitted infections, puberty and anatomy, birth control methods, healthy relationships, consent and communication, reproductive rights and justice, abortion stigma, sex in the media and online, LGBTQIA+ and Inclusivity/safe zone. We do have a CAPP program – main goal is to help young people avoid STIs. Peer Education Program is offered in Watertown, and they are working to expand to Lowville. This offers weekly community outreach on health, bodies, and safety. This includes putting on events for young people. Youth receive a monthly stipend serving as peer leaders. Planned Parenthood has lots of volunteer opportunities if anyone is interested. Youth can be seen under the age of 18 without parent consent.

New York State Parenting Education Partnership (NYSPEP) – Kevin Chamberlin, Jennifer Howland

It was asked if anyone had ever heard of NYSPEP and no one has. NYSPEP started in 2006 and came about to provide competencies in the parenting area and provide a credentialing process. Alongside this it provides professional development opportunities to parenting educators across the state of New York. The start date of the contract was

7/1/23 and it is for five years. We did not have a fully executed contract until mid-November. There are three full time positions, a marketing coordinator, an outside evaluator, and a subcontract with Cornell University. NYSPEP Parenting Educator Credential was created to recognize experienced and skilled parenting educators in NYS. It requires core competencies in 14 defined areas. Parenting Educators come from a large span of different fields. The benefits are establishing trust and credibility with parents by demonstrating the utmost level of expertise in parenting education, potential points awarded towards grant applications through NYS OMH and NYS OCFS and increases your value to employers and clients by presenting a resume that is validated by a reputable third party organization. There are three tiers for credentialing levels. There is a cost \$150/\$300/\$300. Scholarships currently are not available, but it is being evaluated. NYSPEP Membership is currently free, there is no cost to join. Membership includes professional development opportunities that are a combination of in-person and virtual. The professional development opportunities include Strong Roots Trainings and Community Cafes, Webinars, and the ability to connect with Parenting Educators. Coming Soon – January 2024 will launch a menu of in-person trainings and remote webinars centered around Development Across the Lifespan. February 2024 will see the launch of the new NYSPEP.org website to be the hub for parenting educators across NYS. 2/14 webinar supporting Health Infant and Parent Development. April 31st is the next deadline for NYSPEP Credential applications. May 15th if the Training Institute in Albany, NY.

4) Program Updates

Youth Bureau – Team Sports are all funded and upon approval by the County Board of Legislators the programs will be notified. There are recreational scholarships still available.

Registration opened on 1/1/24 for 4-H Camp Wabasso. 43 are already registered. We have started to hire for the camp season, ages 16 and up, ccejefferson.org. Always looking for lifeguards.

1/31/24 first round of applications due for credential program NYSPEP, more will be covered in the presentation about this.

In house parenting classes are being offered by CCE and there is limited funding to cover the cost of classes. Community Schools program has finished one year of planning and programming is starting at Belleville Henderson, Sackets Harbor, LaFargeville, and Copenhagen. The program will serve 6th – 12th grades with 4-H afterschool and family engagement activities.

Deline Foundation funded the purchase of hygiene products, they are housed by United Way and Planned Parenthood is currently distributing at this time. Planned Parenthood is working with WCSD to have a vending machine for hygiene products – it will be free. They do need to continue to collect the items.

Pivot shared that school specific coalitions are all up and running. 2023 needs assessment results are in. Substance use has gone down with the exception of marijuana. Behavioral health situation has improved as well.

CHJC certified 10 new families for foster care. New recruitment and training specialist has started, Abigail Wilson; currently works for CHJC in SLC.

Family Opportunity Center, NCPPC, would like to do a presentation for September 9th. If you call ahead they will provide a tour.

SoZo Teen Center is partnering with CCE to offer hydroponics together. Applied for funding to help support post adoption, guardianship, informal placements, should hear soon the results of this funding.

BOCES in Lewis County is offering EM training.

Encompass – encompassrec.com has a tremendous amount of events/activities occurring.

This Sunday is an open house at SoZo; 2nd annual 1/20 basketball at Copenhagen; art club once a month in various locations; all kids bike program – maybe 4-H can support; open swim at TI every Monday, once a month dance class; and 6 lego clubs at various libraries.

5) **Next meeting dates and time** – all start at 9:15am

March 11, 2024 Meeting will take place at the new YMCA with a tour! Volunteer Transportation Center will ask for a presentation.

May 13, 2024

September 9, 2024 NCPPC Family Opportunity Center would like to present.

November 4, 2024

Respectfully submitted, Stephanie Graf